

Microplus UK Athletics Indoor Championships

Men's 3000 m - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	ORD	TIME	POINTS
WR		7:22.91 *FISHER Grant			1997 USA NEW YORK		08 FEB 2025	
NR		7:27.92 MILLS George			1999 GBR VAL-DE-REUIL		02 FEB 2025	
CR		7:49.61 LEWIS David			1961 GBR COSFORD		25 JAN 1986	
SR		7:32.43 LAGAT Bernard			1974 USA BIRMINGHAM		17 FEB 2007	

As of 23/02/2025 at 14:21

1	143	MILLS George	GBR	25	BRIGHTON PHOENIX	13	7:40.16	CR
2	213	WEST James	GBR	29	TONBRIDGE AC	15	7:40.33	
3	136	MCLUCKIE Henry	GBR	22	ISLE OF WIGHT AC	17	7:48.88	
4	78	FOGG Adam	GBR	26	COVENTRY GODIVA HARRIERS	14	7:50.65	
5	26	BRIDGER Thomas	GBR	21	CAMBRIDGE & COLERIDGE AC	16	7:51.96	
6	71	ELSON Callum	GBR	26	CAMBRIDGE & COLERIDGE AC	8	7:52.08	PB
7	202	TUFFIN Joseph	GBR	25	BRAT	5	7:52.60	PB
8	167	PERRIN Osian	GBR	22	MENAI TRACK AND FIELD	1	7:54.07	
9	197	TARRAGANO Tomer	GBR	24	BRIGHTON & HOVE AC	7	7:55.89	
10	205	WAKEFIELD Harry	GBR	35	SALFORD HARRIERS	10	7:56.86	
11	166	PEARCE Mark	GBR	29	SHAFTESBURY BARNET HARRIE	11	8:05.83	
12	232	YOUNG James	GBR	27	MORPETH HARRIERS & AC	9	8:06.72	
13	171	POTRYKUS Ben	GBR	28	WOODFORD GREEN & ESSEX AC	2	8:06.82	
14	137	MCMURRAY James	GBR	30	ST ALBANS STRIDERS	6	8:19.76	
15	133	MCGINNESS Conall	GBR	24	CAMBRIDGE & COLERIDGE AC	3	8:21.28	

NOT RANKED

138	MEIJER Jack	GBR	24	MARSHALL MILTON KEYNES AC	4	DNF
215	WHEELER Charles	GBR	26	MILTON KEYNES DISTANCE PR	12	DNF

Intermediate point leaders (Bib and Time):

1000 m :	215	2:35.39
2000 m :	215	5:13.11

Details: Start time:14:08

Legend

* = Warning	CR = Championship Record
DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	ORD = Order
PB = Personal Best	

Birmingham, Utilita Arena, 22nd-23rd february 2025

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Report Created 23 FEB 2025 at 14:22

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

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